

COVID-19

Pay nothing for vaccines or testing



Vaccines have been approved by the Food & Drug Administration (FDA). Blue Cross and Blue Shield of Nebraska (BCBSNE) members are able to get the **vaccine at no cost**. Talk to your physician about which vaccine is best for you, and when and where it's available.

Through Oct. 17, 2021, BCBSNE will **waive all costs** for medically appropriate **in-network testing** of COVID-19.* We encourage the use of in-network providers. They will never ask for upfront payment for COVID-19 vaccines or testing.

Protect yourself and others from COVID-19.



Wash your hands often. Wash your hands with soap and water for at least 20 seconds. Use hand sanitizer if soap is not available.



Practice social distancing. Limit close contact with others and remember people without symptoms may be able to spread the virus.



Cover your mouth and nose with a cloth face covering when around others. This is especially important when social distancing is difficult to maintain.



Clean and disinfect. Frequently touched surfaces such as cell phones, laptops, keyboards, doorknobs, etc., should be disinfected often.



Cover coughs and sneezes. Cover your mouth and nose with a tissue or use the inside of your elbow.

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To learn more, visit [NebraskaBlue.com/Coronavirus](https://www.NebraskaBlue.com/Coronavirus), or consult your doctor.



*Effective Nov. 1, 2020, surveillance testing is not covered for public surveillance or employment purposes. This includes testing for work, school, travel and other public surveillance reasons, unless required by law.

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