

Keep Track of Your Health Care

Quick, Easy and When You Need It



myblue

Personalized for You

Make sense of your medical bills and health care spending – all in one place.

- Track your health care spending
- Access your mobile ID card or order printed cards
- Print a summary of your claims activity
- Find a doctor close to work or home
- Get in touch with us



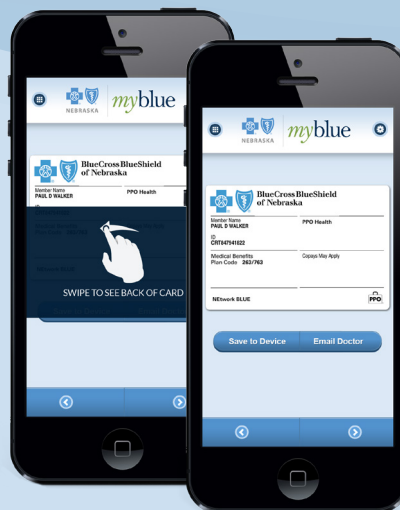
Put myblue at Your Fingertips!

- 1 Go to mynebraskablue.com
- 2 Select "Sign Up"
- 3 Complete the four easy steps

You will need your member ID number found on your member ID card.

If you have questions about myblue, just call the number on the back of your member ID card.

See the back of this flier to learn about all myblue has to offer.



SIGN UP TODAY
Member ID
on the Go

Tools to help you answer important health care questions:

How good is my care? Can I afford it?

Know Before You Go

Estimate medical costs before you receive care. You can find cost information for many common health care services, and compare costs of physicians and hospitals.

Review Your Doctor

Write a review of your health care experience and read other reviews of doctors and hospitals.

MyPrime®

MyPrime is loaded with interactive tools to help manage your family's prescription drugs.

With MyPrime, you can find:

- your prescription benefits
- your drug claim history
- a prescription drug list (also known as a formulary)
- a pharmacy locator
- a drug cost calculator
- a comparison of brand name and generic drug costs

Keeping you healthy



Change the way you feel about fitness! At everymove.org, you can earn points for all kind of activities – from walking the dog to running a marathon. Points add up to rewards from local and national brands you love. You can also connect with your friends and engage in fun challenges. It's free, fun, motivating, and rewarding.

Keep the apps you have

Track every active move you make using the apps and devices you already know — EveryMove supports hundreds.

Sweat's better shared

Connect with friends, and see how your workouts can inspire positive change.

Perks that motivate

Get exclusive discounts from top fitness brands. And receive a daily dose of challenges and high-fives from friends.

START EARNING
REWARDS TODAY AT
everymove.org

