

EHA Bookkeeper Meetings

April 24 - 30, 2018



An Independent Licensee of the Blue Cross and Blue Shield Association

Introductions

Blue Cross and Blue Shield of Nebraska staff

- Kent Trelford-Thompson
- Cortney Ray
- Sue Warner
- Tara Stevenson
- Linda Farahani
- Scott Fowler

EHA wellness staff

- Linda Kenedy
- Tonya Vhylidal

PayFlex

• Laurie Wicklund

EHA field representative

• Greg Long



Agenda

- 2018-2019 Plan designs and rates
- Subgroup applications and web portal
- Renewal timeline
- Direct bill Early retirees/Medicare Supplement
- Administrative updates
- Telehealth Behavioral health services
- EHA wellness program
- PayFlex COBRA administration
- EHA field representative
- Open discussion

2018-2019 Plan designs and rates

Changes to medical, prescription drug and dental



Medical plan

Current medical benefits:

Once again this year there will be **NO changes** to existing plan benefit provisions for members:

- Deductibles
- Coinsurance
- Out-of-pocket maximums
- Copays

Pharmacy preferred network reminder

- As of Sept. 1, 2017, CVS and Target pharmacies are NO longer preferred providers.
- Any prescriptions filled at CVS or Target pharmacies are processed with non-preferred benefits applied.
- It is the member's responsibility to complete and submit prescription claim forms if a nonpreferred pharmacy is used.



Dental coverage

There will be **NO changes** to the dental plans, deductibles and coinsurance.



2018-2019 Premium rates

There will be no rate increase for all active employee and early retiree categories for medical and dental.



The 2018-19 plan year will mark the 16th consecutive year with a less than 10% rate increase.

Educators Health Alliance Renewal Rates for Health, Dental, and Dual Choice Options Effective September 1, 2018 Standard Rates Only (Excluding Discounts or Surcharges)

		Renewal	rd		
Health Coverage - Active Employees	Employee	Ee & Child(ren)	Ee & Spouse	Ee, Spouse & Child(ren	
\$600 Deductible	\$641.15	\$1,186.15	\$1,346.42	\$1,807.90	
\$750 Deductible	\$623.84	\$1,154.12	\$1,310.07	\$1,759.09	
\$900 Deductible	\$607.93	\$1,124.68	\$1,276.65	\$1,714.22	
\$1,000 Deductible	\$597.60	\$1,105.56	\$1,254.95	\$1,685.08	
\$1,150 Deductible	\$587.42	\$1,086.78	\$1,233.60	\$1,656.42	
\$1,500 Deductible	\$562.74	\$1,041.09	\$1,181.76	\$1,586.81	
\$4,000 Deductible HSA-Eligible	\$455.93	\$843.51	\$957.49	\$1,285.65	
\$2,000 Deductible (Dual Choice Only)	\$512.92	\$948.93	\$1,077.15	\$1,446.33	
\$3,500 Deductible HSA-Eligible (Dual Choice Only)	\$512.92	\$948.93	\$1,077.15	\$1,446.33	

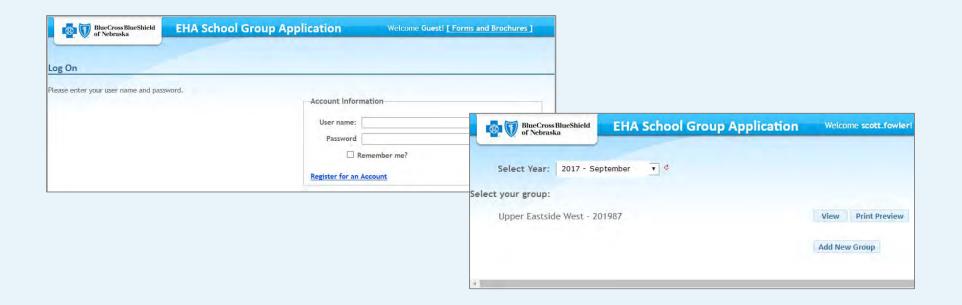
	Renewal Rates						
Health Coverage - Retirees	Employee	Ee & Child(ren)	Ee & Spouse	Ee, Spouse & Child(ren)			
\$900 Deductible	\$668.72	\$1,185.45	\$1,404.29	\$1,775.13			
\$4,000 Deductible HSA-Eligible	\$501.54	\$889.09	\$1,053.23	\$1,331.34			
\$2,000 Deductible	\$564.23	\$1,000.18	\$1,184.84	\$1,497.71			
\$3,500 Deductible HSA-Eligible	\$564.23	\$1,000.18	\$1,184.84	\$1,497.71			

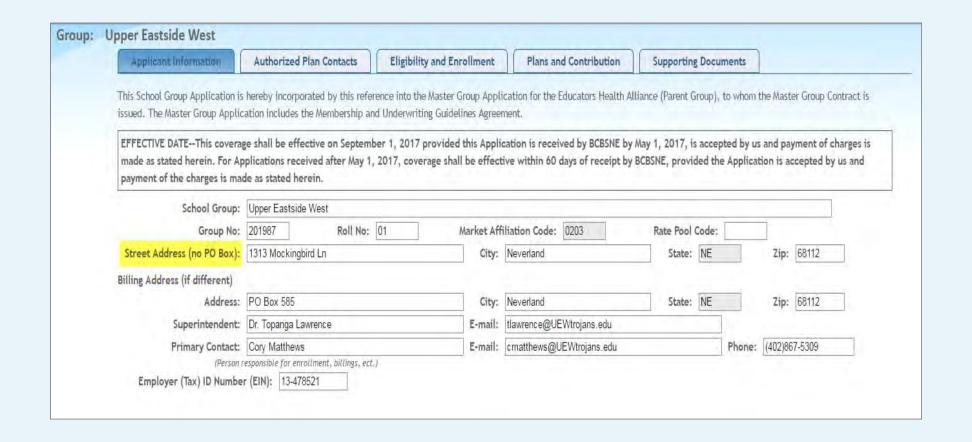
	Renewal Rates						
Dental Coverage	Employee	Ee & Child(ren)	Ee & Spouse	Ee, Spouse & Child(ren)			
100% A, 75% B Coverage - Option 1	\$26.61	\$49.23	\$55.86	\$75.04			
100% A, 80% B, 70% C Coverage - Option 3	\$56.51	\$104.58	\$118.68	\$159.38			
PPO - 100% A, 75% B, 50% C Coverage - Option 2	\$28.67	\$53.01	\$60.18	\$80.85			
PPO - 100% A, 80% B, 80% C, 50% D Coverage - Option 4	\$51.46	\$95.20	\$108.08	\$145.15			
PPO - 100% A, B, & C Coverage - Option 5	\$56.31	\$104.19	\$118,28	\$158.84			

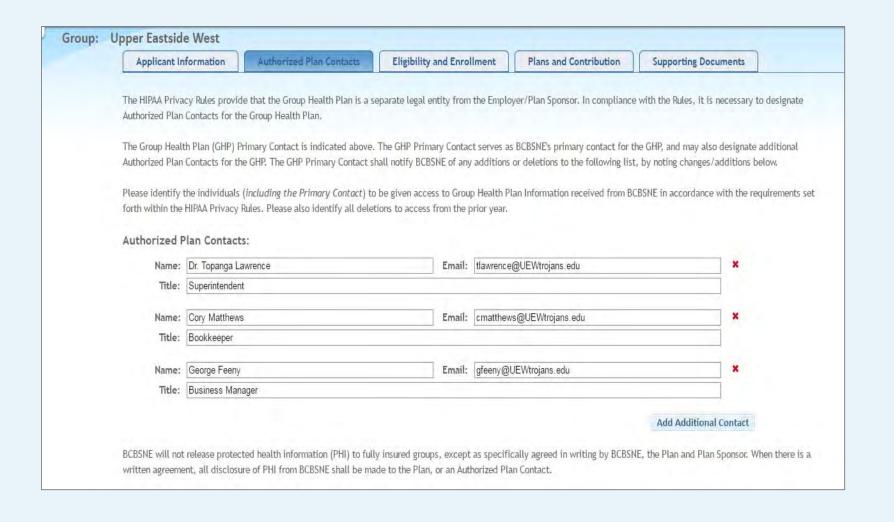
EHA subgroup application and web portal

Use the EHA web portal to submit your subgroup application

https://eha.nebraskablue.com/Account/LogOn?ReturnUrl=%2f#







Food for thought

As we discuss the next tab of the subgroup application, you will be asked several questions on whether your group is considered a large or small group for medical loss ratio (MLR) purposes. Please answer these questions as they may pertain to your group. However, please keep in mind that EHA as a *whole* is considered to be one large employer group. So, any mandate set forth by the Affordable Care Act (ACA) will be implemented for all EHA subgroups.

Note: Requirements for the ACA may have changed or may change in the future. This presentation was created using current ACA regulations.

Upper Eastside West									
Applicant Information Authorized Plan Contacts Eligibility and Enrollment Plans and Contribution Supporting Documents									
A. EMPLOYEE ELIGIBILITY: To be eligible for coverage, an employee must work a minimum of 0.400 FTE (Full Time Equivalency) for professional employees and 17.500 hours per week for classifieds (must be at least .4 FTE for professional employeesteachers and administrators and 17.5 hours for classified employees) on a regular school year basis, as determined by the school group.									
Eligibility Waiting Period: 0 days (not to exceed 60 days). Please also complete applicable section below.									
If a Waiting Period applies, employee's coverage is effective the first of the month following completion of the waiting period. If the waiting period ends on the first of a month, coverage will be effective (please check):									
that date (the 1st)									
the first of the month following the completion of the waiting period									
If "0" Waiting Period days above, employee's coverage will be effective (please check):									
the first of the month following the 1st day of work.									
the first of the month following the 1st day of work, unless that day is the first of the month, then coverage is effective on the first of that month.									
the I st day of work.									
Dependents enrolling for coverage with the employee will be effective on the same date as the employee.									
If an otherwise eligible employee is not actively at work on the effective date for other than personal health reasons, coverage for that employee will go into effect on the group's next due date									
following his/her return to active employment, subject to receipt of an enrollment form within 31 days of the return to work date, as described in the Underwriting Guidelines.									

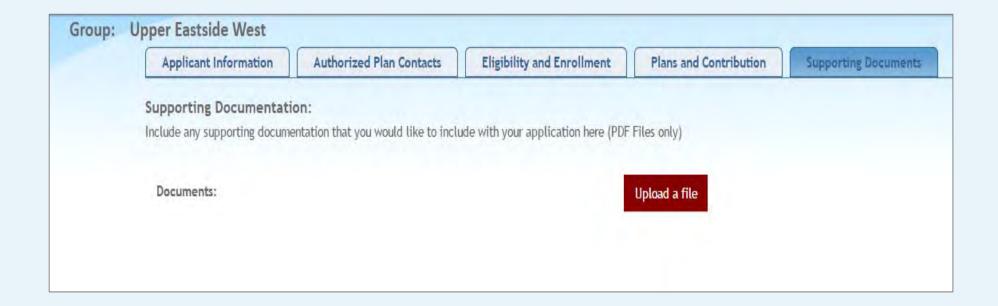
a. Professional employees working the minimum FTE established by your district:	125
b. Classified employees working the minimum hours per week established by your district:	35
c. Total professional or classified employees (line a plus b):	160
Breakdown of Employee Participation	
d. Eligible employees enrolled with BCBSNE:	126
e. Eligible employees <u>not</u> enrolling due to other EHA coverage:	6
f. Eligible employees <u>not</u> enrolling due to other group coverage, i.e., spouse, parents, Medicare, Medicaid, Tri-Care:	11
g. Eligible employees who waive group coverage for other reasons:	17
h. Total of lines d. through g. Total must equal line c. above:	160
Computation of Participation	
i. Eligible employees adjusted for spouse's EHA coverage (line c minus e):	154
j. Eligible employees adjusted for spouse's EHA or other employer coverage (line c minus e minus f):	143
k. Total number of eligible employees enrolled in BCBSNE (line d):	126
I. Gross Percentage of participation - 50% (line k ÷ i):	82
m. Net Percentage of participation - 75% (line k ÷ j):	88
Does the school district offer cash or other benefits in lieu of health insurance coverage?	Yes 🗹 No
Do you meet the definition of "Small Employer" as defined below?	☐ Yes ☑ No
or puposes of this definition, a Small Employer shall mean any school district that, on at least 50% of its working days do O eligible employees, the majority of whom were employed within Nebraska. Eligible employee for purposes of this defi ormal work week of 30 or more hours.	경험 (주) 교육대통령으로 가는 아름이 되어 있다면 아니라 아니라 보면 하다면 사람들에 가는 모양이 되었다면 이번 모양이다.
. Group Data for Calculation of Medical Loss Ratio (MLR)	☐ 50 or fewer 🗹 51 or more
s part of BCBSNE's compliance with the Patient Protection and Affordable Care Act, BCBSNE must collect information on ow many <u>employees</u> did you employ during the calendar year prior to the Effective Date written above? This total should ndependent contractors.	

Plans		
Fielis		
	Health Plan Options	
Single Plan Options:	□ \$600 □ \$750 □ \$900 □ \$1,000 ☑ \$1,150 □ !	\$1,500 \$4,000 (HSA-HDHP)
Dual Plan Options:	\$600/\$2,000 \$750/\$2,000 \$900/\$2,000 \$1,000/\$2 \$600/\$3,500 (HSA-HDHP) \$750/\$3,500 (HSA-HDHP) \$900/\$3 \$1,150/\$3,500 (HSA-HDHP) \$1,500/\$3,500 (HSA-HDHP)	2,000
	Dental Plan Options	
	Option 1 Option 2 Option 3 Option 4 Option	15
	pution quirements for EHA subgroups are set forth in the Master Group Application and to	

er er er er er er er er			TOTAL MONTHLY PREMIUM				
Heath - Single Option	Heath - D	ual Option	n Low Plan High Plan		Dental		
Employee	558.05	Employee	2			Employee	28.67
Employee/Children	1032.44	Employee	/Children			Employee/Children	53.01
Employee/Spouse	1171.92	Employee/Spouse				Employee/Spouse	60.18
Employee/Family 1573.60		Employee/Family				Employee/Family	80.85
				DISTRIC	T CONTRIBUTION	AMOUNT	
HEALTH - Single Option		Employee	Employee EE/Chi		EE/Spouse	Employee/Family	
District Pays - Profess	sional	\$ 558.05	\$ 103	2.44	\$ 1171.92 \$ 1573.60		
District Pays - Classifi	ied	\$ 558.05	\$ 103	2.44	\$ 1171.92	\$ 1573.60	
HEALTH - Dual Option		Employee	EE/Children		EE/Spouse	Employee/Family	
LOW PLAN							
District Pays - Profess	sional	\$	5		\$	\$	
District Pays - Classifi	ied	\$	5		5	\$	
HIGH PLAN							
District Pays - Profess	sional	\$	\$		5	\$	
District Pays - Classified		\$	5		5	\$	
DENTAL		Employee	EE/Ch	ildren	EE/Spouse	Employee/Family	
District Pays - Profess	sional	\$ 28.67	\$ 28.6	67	\$ 28.67	\$ 28.67	
District Pays - Classifi	ied	\$ 28.67	\$ 28.6	67	\$ 28.67	\$ 28.67	
Additional Info	ormation:						
	34.5						

Plans	
	Health Plan Options
Single Plan Options	□ \$600 □ \$750 □ \$900 □ \$1,000 □ \$1,150 □ \$1,500 □ \$4,000 (HSA-HDHP)
Dual Plan Options	□ \$600/\$2,000 □ \$750/\$2,000 □ \$900/\$2,000 □ \$1,000/\$2,000 □ \$1,150/\$2,000 □ \$1,500/\$2,000 □ \$
HSA Administrator	Drysdale Bank
	(Name of Bank, Financial Institution, "Employee's Choice" or "To Be Determined")
	with HSA-HDHP plans, will the employer contribute 100% of premium savings to the Test of employees enrolled in the HDHP plan? (required to qualify for 5% discounted rates) Dental Plan Options
	Option 1 Delion 2 Option 3 Option 4 Option 5
	a option is a option is a option is
	withution
Monthly Pates and Con	
Monthly Rates and Con	
	requirements for EHA subgroups are set forth in the Master Croup Application and the EHA Membership and Underwriting Guidelines
Participation and Contribution	requirements for EHA subgroups are set forth in the Master Group Application and the EHA Membership and Underwriting Guidelines.
Participation and Contribution The standard rates and the adj	requirements for EHA subgroups are set forth in the Master Group Application and the EHA Membership and Underwriting Guidelines. usted rates (based on rate reduction or surcharge determinations) for each health and dental option are as stated on the Rate Sheets attached to the
Participation and Contribution The standard rates and the ad Group Application.	A CONTRACTOR OF THE STATE OF TH

				AL MONTHLY PRE		
Heath - Single Option He		ual Option	Low Plan	High Plan	Dental	
Employee	Employee		623.84	512.92	Employee	28.67
Employee/Children	Employee	/Children	1154.12	948.93	Employee/Children	53.01
Employee/Spouse	Employee/Spouse		1310.07	1077.15	Employee/Spouse	60.18
Employee/Family	Employee/Family		1759.09	1446.33	Employee/Family	80.85
			DISTRICT	CONTRIBUTION	AMOUNT	
HEALTH - Single Option	Employee	EE/Ch	ildren	EE/Spouse	Employee/Family	
District Pays - Professional	\$	\$		\$	5	
District Pays - Classified	\$	5		\$	\$	
HEALTH - Dual Option	Employee	EE/Ch	ildren	EE/Spouse	Employee/Family	
LOW PLAN						
District Pays - Professional	\$ 623.84	\$ 623	.84	\$ 623.84	\$ 623.84	
District Pays - Classified	\$ 575.00	\$ 575	.00	\$ 575.00	\$ 575.00	
HIGH PLAN						
District Pays - Professional	\$ 512.92	\$ 512	.92	\$ 512.92	\$ 512.92	
District Pays - Classified	\$ 475.00	\$ 475	.00	\$ 475.00	\$ 475.00	
DENTAL	Employee	EE/Ch	ildren	EE/Spouse	Employee/Family	
District Pays - Professional	\$ 28.67	\$ 28.6	67	\$ 28.67	\$ 28.67	
District Pays - Classified	\$ 28.67	\$ 28.6	67	\$ 28.67	\$ 28.67	
Additional Information:						
- Santaged Constitution						



Discount or surcharge

The following will apply to all EHA subgroups:

Net Enrollment Percentage Rule: Any EHA subgroup that has less than 75% enrollment (excluding those covered under a spouse's plan) shall be subject to a 5% premium rate surcharge.

Gross Enrollment Percentage Rule: Any EHA subgroup that has less than 50% enrollment (excluding only those covered by EHA under a spouse's plan) shall be subject to a 5% premium rate surcharge.

100% Contribution Rule: Any EHA subgroup where the employer contribution is made exclusively for health insurance premiums only, with no options, and such contribution is in the amount of 100% of the single and 100% of the family rates, shall be subject to a 5% premium rate reduction.

QHDHP Premium Savings Rule: Subgroups that elect to offer the \$3,500 deductible health savings account-eligible plan under the dual option arrangement and contribute 100% of the premium savings to the member's HSA, will qualify for the 5% premium rate reduction associated with the 100% contribution.

Some last reminders

- Do not make any changes to the group name on the subgroup application. This can cause multiple problems in group set-up and Blues *Enroll*.
- Do not merge current subgroups together.
- If you feel it is necessary to do either of the above, please reach out to a member of your EHA BCBSNE team first.
- If you need to terminate a subgroup, please contact a member of your EHA BCBSNE team.

Blues Enroll support

BCBSNE eEnroll support team

Available to assist in resetting your login credentials, navigating through the Blues *Enroll* system and answering questions you have concerning Blues *Enroll*. If you have questions about using Blues *Enroll* to enroll a member, please contact the Electronic Enrollment team at 800-843-2373 or <u>eEnrollSupportTeam@nebraskablue.com</u>.

BENEFITFOCUS® Blues Enroll support line for system problems

If you experience Blues *Enroll* system problems, please call the BENEFITFOCUS number shown in the bottom right corner of each screen in Blues *Enroll*.

EHA BCBSNE team

All other concerns should be directed to a member of your EHA BCBSNE team.

Renewal timeline

June 29 August 1 Open enrollment changes can be made Blues Enroll lock **April 24** Bookkeeper out begins **May 1** Renewal website opens (end of business day) meetings start July 31 Blues*Enroll* August 31 June 15 April 30 Bookkeeper Open enrollment Subgroup lock out ends meetings end ends applications due to BCBSNE

Direct bill

Early retiree coverage

Medicare Supplement coverage

Direct bill/Early retiree coverage

- For members age 50 and older who are retiring or terminating on Aug. 31, as soon as your school has confirmed the member's retirement or termination, submit the "EHA Notice of Early Retirement/Termination Form for Members Age 50 and Older" to Linda Farahani via fax (402-477-2952) or email linda.farahani@nebraskablue.com.
- Be sure to include the retiree's BCBSNE member ID number (also referred to as "EHN ID number"). The ID number is shown on your monthly billing statement.
- Please also enter the member's termination in Blues Enroll.
- Notify PayFlex of the retirement or termination on or after August 1.
- Direct bill packets will be mailed to the member the second week of July.

Direct bill and Medicare Supplement coverage

- If the member is 65 years of age or older when he or she retires, we will send the member an NSEA-Retired BlueSenior Classic Medicare Supplement packet two months prior to the member turning age 65.
- If the member's dependent spouse is covered under a BCBSNE EHA medical plan, both the member and spouse will be sent a packet. If the spouse is under age 65, he or she can stay on the EHA direct bill plan until age 65.

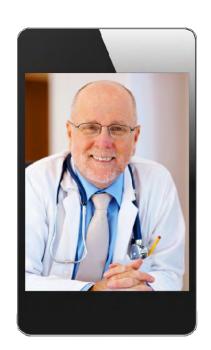
Telehealth services provided through Amwell

Urgent care services

Behavioral health services

Telehealth urgent care services

- 24/7/365 services by American Well®, also known as Amwell
- Member access to U.S. board-certified, licensed and credentialed physicians for online health care encounters in the comfort of the member's home or workplace
- Computer, tablet or phone access for common conditions
- 99% of on-demand consults are via video conferencing (web or mobile application)
- About nine minutes average wait time to connect to a physician of choice
- E-prescriptions to the patient's preferred pharmacy (when appropriate)





Telehealth urgent care consult fee

PPO plans:

\$10 copay per consult

HSA-eligible QHDHP:

\$39 per consult, subject to deductible, coinsurance, and out-of-pocket maximum

Telehealth behavioral health services

- Remote behavioral health services delivered via a secure audio/video platform
- Typical services: assessment, therapy and/or diagnosis
- Therapy and psychiatry services available in all 50 states
- Services are available within one to 14 days of request

- Master's and doctoral level mental health clinicians
- 24-hour clinician on call
 - Strong commitment to quality
 - Monthly chart reviews
 - Weekly case review
 - Use of screening tools

Available services

- Therapists are available by appointment from 7 a.m. to 11 p.m. local time, seven days/week.
- Cost varies depending on the level of care.

Amwell's licensed therapists can provide treatment for:

- Anxiety
- Depression
- Attention deficit hyperactivity disorder (ADHD)
- Obsessive-compulsive disorder (OCD)
- Panic attacks
- Bereavement
- Trauma/post-traumatic stress disorder (PTSD)
- Stress
- And More

Accessing behavioral health

- Services can be accessed via computer, tablet or phone in the member's home or private environment.
- BCBSNE members use the same Amwell account for behavioral health that they use for urgent care. (If members do not have an Amwell account, they may register by visiting nebraskablue.com/telehealth, downloading the Amwell app or calling Amwell at 844-733-3627.)
- The first time members use telehealth for urgent care or behavioral health, when prompted, they should enter the service key **BCBSNE** to get the Blue Cross and Blue Shield of Nebraska member rate.



How does a behavioral health session work?

- 1 Patients can self-schedule appointments.
- After scheduling an appointment, Amwell sends the member a confirmation email. When it's time for the appointment, the member clicks on the link and is connected to Amwell.
- Where allowed, psychiatrists may e-prescribe medication for fulfillment at the member's local pharmacy.
- Follow-up appointments may be scheduled with the same therapist to ensure continuity and the ability to repeat a positive experience.
- A complete record of each encounter is maintained by Amwell and is accessible by the member. The member may download the record as a pdf and provide it to his or her primary care provider.
- 6 The member pays at the time of service with a credit, debit or HSA/FSA card.

What is the member's cost for behavioral health?

- Costs range from \$44 to \$200 depending on the service provided and the level of the provider, i.e. master's level vs doctoral level.
- Cost shares for the amounts above are the same as the current telehealth urgent care
 cost shares. For example, an EHA PPO plan has a \$10 telehealth urgent care copay, so
 behavioral health services will be subject to the same cost share. For
 deductible/coinsurance plans, members will pay the costs shown above until their
 deductible is met.
- When members view the list of available therapists, the list will say if a therapist is a
 psychologist or psychiatrist. When members click on the therapist's profile to see
 additional information, the profile shows the cost per visit.

Advantages of telehealth

Dependable: 24/7/365 access to urgent care services; 365 days per year access to therapists

Affordable: Offers a lower cost health care solution for common conditions

Expanded access: Provides an alternative to unnecessary, expensive emergency and urgent care facility services – and behavioral health services are available within one to 14 days of request

Satisfaction: Meets employee demands for convenience in receiving care, saving two to three hours on average away from work

Reduced medical costs: Average of \$214 savings per visit over the cost of physician office visits, urgent care and emergency room service

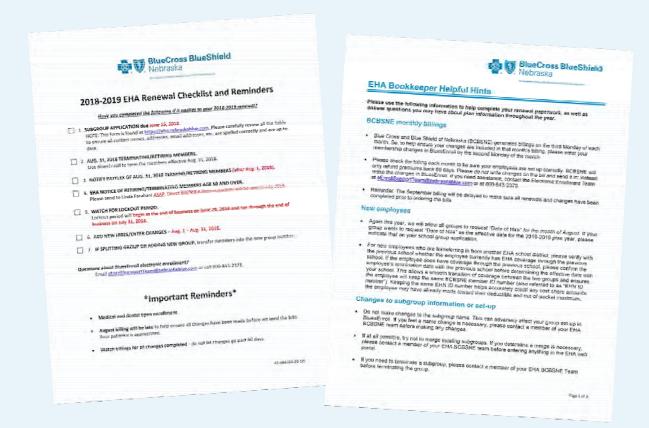
Available in all 50 states: Telehealth and behavioral health

Source: American Well data, 2015.

Administrative updates

Renewal checklist Helpful hints

2018 Renewal checklist and Helpful hints



Questions?