



Effective Date: September 01, 2025

Payment for Services	In-network Provider	Out-of-network Provider
Covered Services are reimbursed based on the Allowabl agreed to accept the benefit payment as payment in full charges for non-covered Services, which are the Covered their contract with Blue Cross and Blue Shield, can't bill Providers can bill for amounts over the Out-of-network A "Same as any other illness" may vary based on where se In-network Provider: The provider network is shown	e Charge. Blue Cross and Blue SI , not including Deductible, Coins d Person's responsibility. That me for amounts over the Contracted Ilowance. Cost-sharing and reim ervices are rendered. on your I.D. card. For help in loca	nield of Nebraska In-network Providers have urance and/or Copayment amounts and any eans In-network providers, under the terms of Amount. In some situations, Out-of-network bursement amounts for categories showing ating In-network Providers, visit
<u>NebraskaBlue.com/Find-a-Doctor</u> . For certain Durable M Doctor Finder may display providers that are considered additional information.		
Deductible (the amount the Covered Person pays each Calendar Year for Covered Services before the Coinsurance is payable) Individual Family (Embedded*)	\$850 \$1,700	\$1,700 \$3,400
Coinsurance (the percentage amount the Covered Person must pay for most Covered Services after the Deductible has been met) • Covered Person Pays	20%	40%
Plan Pays Dut-of-pocket Limit Includes Deductible, Coinsurance and Copays) Individual	<u>80%</u> \$5,750	60% \$11,500
 Family (Embedded*) 	\$11,500	\$23,000
n-network and Out-of-network Deductible and Out-of-po amounts, etc.) do cross accumulate between In-network certain services shown on this summary are not applicat pocket Limit is reached, most Covered Services are paya	and Out-of-network, unless note ole to Mental Health and/or Subs	d differently. Day, session or visit limits for stance Use Disorders. Once the annual Out-of-
*Embedded – If you have single coverage, you only need family coverage, no one family member contributes more expenses to satisfy the required family Deductible and C	e than the individual amount. Far	
Copayment(s) (copay(s)) apply to: • Physician Office • Emergency Room Services • The Copay amount varies by the type of Covered Service	Telehealth/Virtual Care Prescription Drugs s. Refer to the appropriate cated	Urgent Care Facility

Services may require Preauthorization. Failure to obtain Preauthorization will result in denial of benefits. For additional information regarding Preauthorization procedures please visit <u>NebraskaBlue.com/PreAuth</u>.

Covered Services – Illness or Injury	In-network Provider	Out-of-network Provider
Physician Office Services		
Primary Care Physician Office Visit	\$35 Copay	Deductible and Coinsurance
Specialist Physician Office Visit	\$55 Copay	Deductible and Coinsurance
Physician Office Services provided in the	Deductible and Coinsurance	Deductible and Coinsurance
office (with or without an office visit)		
Primary Care Physician is a physician who has a mageneral pediatrics or family practice. A physician ass Specialist Physician is a physician who is not a Prin Office Visit Benefits for Primary Care and Specialist pregnancy) consultations and medication checks. Other Covered Services not part of the Physician information) include: Advanced Diagnostic Imaging Services; Preventive Services; Radiation Therapy and C Equipment; Sleep Studies; Biofeedback; Mental Health	istant is covered in the same manner as a F nary Care Physician. Physician Office Visit include office visits (in <i>Office Services Benefit (Refer to the ap</i> CT, MRI, MRA, MRS, PET and SPECT scans chemotherapy; Surgery and Anesthesia; Ther	Primary Care Physician. cluding the initial visit to diagnose propriate category for benefit and other Nuclear Medicine); Pregnand
Felehealth/Virtual Care Services		
Medical	\$10 Copay	Not Covered
Mental Health	See Mental Health and/or Substance Use Disorder Services	Not Covered
Convenient Care/Retail Clinics (Quick Care)	Same as a Primary Care Physician	Deductible and Coinsurance
Urgent Care Facility Services (a single copay applies to each urgent care visit)	\$55 Copay then Deductible and Coinsurance	Deductible and Coinsurance
Emergency Room Services (services received in a		
Hospital emergency room setting)		
Facility	\$85 Copay then Deductible and Coinsurance	In-network level of benefits
Professional Services	Deductible and Coinsurance	In-network level of benefits
(Copayment is waived if admitted to the hospital		
within 24 hours for the same diagnosis)		
Outpatient Hospital or Facility Services		
Services such as surgery, laboratory and radiology, cardiac and pulmonary rehabilitation, observation stays, and other services provided on an outpatient basis	Deductible and Coinsurance	Deductible and Coinsurance
Inpatient Hospital or Facility Services		
Charges for room and board, diagnostic testing, rehabilitation and other ancillary services provided on an inpatient basis	Deductible and Coinsurance	Deductible and Coinsurance
Orthopedic Specialty Hospital or Facility Services	Deductible and Coinsurance	Deductible and Coinsurance

<u>NebraskaBlue.com/PreferredCenters</u> for a list of Covered Services and designated hospitals.

Preventive Services	In-network Provider	Out-of-network Provider
Preventive Services		
 Affordable Care Act (ACA) required preventive services (may be subject to limits that include, but are not limited to, age, gender, and frequency) 	Plan Pays 100%	Deductible and Coinsurance
ACA required covered preventive services (outside of limits)	Deductible and Coinsurance	Deductible and Coinsurance
Other covered preventive services not required by ACA	Plan Pays 100%	Deductible and Coinsurance
or additional information please visit <u>NebraskaBlue.com/</u>	PreventiveCare	
mmunizations		
Pediatric (up to age 7)	Plan Pays 100%	Coinsurance
Age 7 and older	Plan Pays 100%	Deductible and Coinsurance
Related to an illness	Same as any other illness	Same as any other illness
Colorectal Cancer Screenings (starting at age 45) Colonoscopy Screening		
 Diagnostic or Preventive Screening (one every five years) 	Plan Pays 100%	Deductible and Coinsurance
- Screenings outside the age or frequency limit	Same as any other illness	Deductible and Coinsurance
 Sigmoidoscopy/Proctoscopy Screening and CT of the Colon 		
 Preventive Screening (one every five years) 	Plan Pays 100%	Deductible and Coinsurance
 Screenings outside the age or frequency limit FIT DNA 	Same as any other illness	Deductible and Coinsurance
 Preventive Screening (one every three years) 	Plan Pays 100%	Deductible and Coinsurance
 Screenings outside the age or frequency limit 	Same as any other illness	Deductible and Coinsurance
 Fecal occult blood test Preventive Screening (one per year) 	Plan Pays 100%	Deductible and Coinsurance
- Screenings outside the age or frequency limit	Same as any other illness	Deductible and Coinsurance
 Barium enema, and other tests as determined under ACA Preventive Services Preventive Screenings 	Plan Pays 100%	Deductible and Coinsurance
- Diagnostic Screenings	Same as any other illness	Deductible and Coinsurance

NOTE: Related Services will pay in the same manner as the Colorectal Cancer Screening when performed on the same date of service. Screening limits accumulate based on a calendar year.

Mental Health and/or Substance Use Disorder Services	In-network Provider	Out-of-network Provider
Inpatient Services	Deductible and Coinsurance	Deductible and Coinsurance
Outpatient Services		
Office Visit	Plan Pays 100%	Deductible and Coinsurance
Therapy Performed in School	Plan Pays 100%	Deductible and Coinsurance
Telehealth/Virtual Care Services	Plan Pays 100%	Not Covered
All Other Outpatient Items & Services	Deductible and Coinsurance	Deductible and Coinsurance
Office Services include office visits, medication chec	ks, psychological therapy and/or substance	e use disorder counseling, x-rays,
laboratory tests, supplies and/or drugs administered d		
Other Covered Services not part of the Office Bei	nefit Services are covered under All Ot	ther Outpatient Items & Services . Thi
includes but is not limited to: psychological evaluation	s, assessments, testing, physical therapy, c	occupational therapy, speech therapy or
any other covered Mental Health and/or Substance Us	e Disorder services.	
Emergency Care Services (services received in a		
Hospital emergency room setting)		
Facility	Deductible and Coinsurance	In-network level of benefits
Professional Services	Deductible and Coinsurance	In-network level of benefits
Other Covered Services – Illness or Injury	In-network	Out-of-network
	Provider	Provider
Acupuncture	Not Covered	Not Covered
Advanced Diagnostic Imaging (CT, MRI, MRA,		
MRS, PET & SPECT scans and other Nuclear	Deductible and Coinsurance	Deductible and Coinsurance
Medicine)		
Ambulance (to the nearest facility for appropriate		
care)		
Ground Ambulance	Deductible and Coinsurance	In-network level of benefits
Air Ambulance	Deductible and Coinsurance	In-network level of benefits
Autism Spectrum Disorder		
 Testing and Diagnosis 	Same as mental health	Same as mental health
Treatment	Same as mental health	Same as mental health
Biofeedback		
Medical	Deductible and Coinsurance	Deductible and Coinsurance
Mental Health	Same as mental health	Same as mental health
Dermatological Services	Same as any other illness	Same as any other illness
Diabetic Services		
Services include education, self-management	Same as any other illness	Deductible and Coinsurance
training, podiatric appliances and equipment.		
Durable Medical Equipment and Supplies		
(including Prosthetics)	Deductible and Coinsurance	Deductible and Coinsurance
(rental or purchase, whichever is least costly; rental		
shall not exceed the cost of purchasing)		
Hearing Services	Deductible and Colorservers	
 Bone Anchored Hearing Aids Cochlear Implants 	Deductible and Coinsurance Deductible and Coinsurance	Deductible and Coinsurance Deductible and Coinsurance
 Coornear implants Hearing Aids (up to age 19, limited to 		
\$3,000 every 48 months.)	Deductible and Coinsurance	Deductible and Coinsurance

Other Covered Services – Illness or Injury	In-network Provider	Out-of-network Provider
Home Health Care Services		
 Home Health Aide (limited to 60 days per Calendar Year) 	Deductible and Coinsurance	Deductible and Coinsurance
 Home Infusion Therapy 	Deductible and Coinsurance	Deductible and Coinsurance
 Skilled Nursing Care (limited to 8 hours per day) 	Deductible and Coinsurance	Deductible and Coinsurance
 Respiratory Care (limited to 60 days per Calendar Year) 	Deductible and Coinsurance	Deductible and Coinsurance
Hospice Services	Deductible and Coinsurance	Deductible and Coinsurance
Independent Laboratory		
DiagnosticPreventive	Deductible and Coinsurance Same as Preventive Services In- network level of benefits	In-network level of benefits Same as Preventive Services In- network level of benefits
Infertility		network level of benefits
Services to Diagnose Treatment to Promote Fertility	Same as any other illness Not Covered	Deductible and Coinsurance Not Covered
Nicotine Addiction		
Medical Services and Therapy	Same as Substance Use Disorder Services	Same as Substance Use Disorder Services
 Nicotine addiction classes & alternative therapy, such as acupuncture 	Not Covered	Not Covered
Obesity		
Non-Surgical TreatmentSurgical Treatment	Not Covered Not Covered	Not Covered Not Covered
Oral Surgery and Dentistry		
Services such as impacted wisdom teeth, incision and drainage abscesses, excision of tumors and cysts and bone grafts to the jaw. Dental treatment when due to an accidental injury to naturally healthy teeth (treatment related to accidents must be provided within 12 months of the date of injury).	Same as any other illness	Deductible and Coinsurance
Organ and Tissue Transplantation	Same as any other illness	Deductible and Coinsurance
Ostomy Supplies	Deductible and Coinsurance	Deductible and Coinsurance
Physician Professional Services Inpatient and Outpatient services, such as, surgery, surgical assistant, anesthesia, inpatient hospital visits and other non-surgical services	Deductible and Coinsurance	Deductible and Coinsurance
Pregnancy, Maternity and Newborn Care		
 Pregnancy and maternity (Payment for prenatal and postnatal care is included in the payment for the delivery) Newborn care (Newborns are severed at 	Deductible and Coinsurance	Deductible and Coinsurance
 Newborn care (Newborns are covered at birth, subject to the plan's enrollment provisions) 	Deductible and Coinsurance	Deductible and Coinsurance
NOTE: The Plan pays 100% for the initial postpartum de	pression screening up to one year followi	ng a pregnancy or childbirth.

Other Covered Services – Illness or Injury	In-network Provider	Out-of-network Provider
Radiation Therapy and Chemotherapy	Deductible and Coinsurance	Deductible and Coinsurance
Radiology (X-ray) Services and Other Diagnostic Tests	Deductible and Coinsurance	Deductible and Coinsurance
Rehabilitation Services – Inpatient Facility	Deductible and Coinsurance	Deductible and Coinsurance
Rehabilitation Services		
Cardiac rehabilitation (limited to 18 sessions per diagnosis)	Deductible and Coinsurance	Deductible and Coinsurance
 Pulmonary Rehabilitation (Chronic lung disease is limited to 18 sessions per diagnosis, not to exceed 18 sessions per Calendar Year. Lung, heart-lung transplants and lung volume reduction are limited to 18 sessions following referral and prior to surgery plus 18 sessions within six months of discharge from hospital following surgery.) 	Deductible and Coinsurance	Deductible and Coinsurance
Renal Dialysis	Deductible and Coinsurance	Deductible and Coinsurance
Sexual Dysfunction	Not Covered	Not Covered
Skilled Nursing Facility (limited to 60 days per Calendar Year)	Deductible and Coinsurance	Deductible and Coinsurance
Sleep Studies	Deductible and Coinsurance	Deductible and Coinsurance
Temporomandibular and Craniomandibular Joint Disorder	Same as any other illness	Deductible and Coinsurance
 Therapy & Manipulations Physical, occupational or speech therapy services, chiropractic or osteopathic physiotherapy (combined limit to 60 sessions per Calendar Year) 	Deductible and Coinsurance	Deductible and Coinsurance
 Chiropractic or osteopathic manipulative treatments or adjustments (combined limit to 30 sessions per Calendar Year) 	Deductible and Coinsurance	Deductible and Coinsurance
NOTE: Treatment limits stated for physical therapy, occ provided for Mental Health or Substance Use Disorders		
 Vision Services Eyeglasses or Contact Lenses (Only covered if required because of a change in prescription as a result of intraocular surgery or ocular injury) must be within 12 months of surgery or injury 	Deductible and Coinsurance	Deductible and Coinsurance
 Vision Exam Diagnostic (to diagnose an illness) Preventive (routine exam including refraction) limited to one exam per 	See Physician Office Services Not Covered	See Physician Office Services Not Covered
calendar year		
Wigs	Not Covered	Not Covered
All Other Covered Services	Deductible and Coinsurance	Deductible and Coinsurance

Prescription Drugs	In-network Provider	Out-of-network Provider
Retail – per 30-day supply		
Preferred Generic Drugs	25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay	25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay + 25% Penalty
Non-Preferred Generic Drugs	25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay	25% Coinsurance, \$10 minimum Copay, \$40 maximum Copay + 25% Penalty
Preferred Brand Name Drugs	25% Coinsurance, \$50 minimum Copay, \$100 maximum Copay	25% Coinsurance, \$50 minimum Copay, \$100 maximum Copay + 25% Penalty
Non-preferred Brand Name Drugs	50% Coinsurance, \$75 minimum Copay, \$150 maximum Copay	50% Coinsurance, \$75 minimum Copay, \$150 maximum Copay + 25% Penalty
Home Delivery – per 180-day supply		
Preferred Generic Drugs	25% Coinsurance, \$50 minimum Copay, \$200 maximum Copay	Not Covered
Non-Preferred Generic Drugs	25% Coinsurance, \$50 minimum Copay, \$200 maximum Copay	Not Covered
Preferred Brand Name Drugs	25% Coinsurance, \$250 minimum Copay, \$500 maximum Copay 50% Coinsurance, \$375 minimum	Not Covered
Non-Preferred Brand Name Drugs	Copay, \$750 maximum Copay	Not Covered
Diabetic Supplies		
• Generic	20% Coinsurance	20% Coinsurance + 25% Penalty
Preferred Brand Name	20% Coinsurance	20% Coinsurance + 25% Penalty
Non-preferred Brand Name Specialty Drugs (specialty drugs must be purchased	30% Coinsurance	30% Coinsurance + 25% Penalty
through a designated specialty pharmacy)	25% Coinsurance, \$125 minimum	
Preferred Specialty Drugs	Copay, \$250 maximum Copay 25% Coinsurance, \$125 minimum	Not Covered
Non-Preferred Specialty Drugs	Copay, \$250 maximum Copay	Not Covered
Contraceptive Drugs		
 Contraceptive Drugs and Methods in accordance with Federal Guidelines 	Plan Pays 100%	25% Penalty
• All other Contraceptive Drugs and Methods	Same as any other Generic or Brand Name Drugs	25% Penalty
For additional information please see Women's Services	listed on <u>NebraskaBlue.com/PreventiveC</u>	are
Diabetic Insulin Preferred Generic Drugs	Plan Pays 100%	25% Penalty
 Non-Preferred Generic Drugs 	Same as any other Generic Drugs	25% Penalty
 Preferred Brand Name Drugs 	Plan Pays 100%	25% Penalty
Non-Preferred Brand Name Drugs	Same as any other Non-Preferred Brand Name Drugs	25% Penalty
	C and NetResults Performance preso	
You can find this prescription drug list and netw		
Services at the ph	one number on the back of your I.D. c	ard.

Please note: This Schedule of Benefits Summary is intended to provide you with a brief overview of your benefits. It is not a contract and should not be regarded as one. For more complete information about your plan, including benefits, exclusions and contract limitations, please refer to the master group contract. In the event there are discrepancies between this document and the contract, the terms and conditions of the contract will govern.