

# Keep Track of Your Health Care

## Quick, Easy and When You Need It



# myblue

## Personalized for You

Get 24/7 secure access to everything you need to manage your Blue Cross and Blue Shield of Nebraska health plan.



Find an in-network doctor



Access your member ID card



Look up claims



Compare cost for treatments



View important policy documents and forms



## Put *myblue* at Your Fingertips!

There are two easy ways to sign up for free:

- 1 Download the **myblue Nebraska** app on your mobile device from the Apple App Store or Google Play
- 2 Go to **mynebraskablue.com**  
Then, select "Sign Up" and complete the four easy steps

You will need your member ID number found on the front of your BCBSNE member ID card.

If you have questions about *myblue*, just call the phone number on the back of your BCBSNE member ID card.

See the back of this flier to learn what *myblue* has to offer.

## Learn what *myblue* has to offer

Log in to *myblue* and find tools to help you answer important health care questions

### Know Before You Go

Log in to *myblue* and select the Tools & Resources tab. Then, select What's it Cost to estimate medical costs before you receive care. Here you can find cost information for many common health care services, and compare costs of doctors and hospitals.

### Review Your Doctor

Under the Tools & Resources tab, select Find a Doctor or Hospital to write a review of your health care experience and read reviews written by others.

### MyPrime®

Blue Cross and Blue Shield of Nebraska contracts with Prime Therapeutics® to provide your pharmacy benefits. You may view information about your pharmacy benefits by logging in to *myblue* and selecting the Tools & Resources tab. Then, go to My Pharmacy. You will be directed to MyPrime. This website is loaded with interactive tools to help manage your family's prescription drugs.

#### With MyPrime, you can find:

- your prescription benefits
- your drug claim history
- prescription drug list (also known as a formulary)
- a pharmacy locator
- a drug cost calculator
- a comparison of brand name and generic drug costs



Prime Therapeutics LLC is an independent company providing pharmacy benefit management services.

Blue Cross and Blue Shield of Nebraska is an Independent Licensee of the Blue Cross and Blue Shield Association.